Use artissue. Wash with soap.

Remember to cough and sneeze, into a tissue!



Toss used tissues into the trash; right away wash your hands with warm soapy water.



You know you have washed long enough, if you sing the "Happy Birthday" song twice through!

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ACROSS

- 3. Stopping health problems before they start.
- 4. The part of your face that you use to breathe and smell. It has two small openings called nostrils.
- 6. You blow your nose with a _____.
- 9. A pain or throbbing in one's head is a _____.
- 12. This is what you use to talk with.
- 13. These are so small they can only be seen only through a microscope, some might make you sick.

DOWN

- 1. A rise in temperature of the body above 98.6 degrees.
- 2. A group of organisims within a species that differ in trivial ways from similar groups.
- 5. If you take good care of your body by exercising and eating right, you are _____.
- 7. When you get a tickle in your nose you sometimes blow air out through it suddenly. We call this a
- 8. You _____ your hands with soap and water.
- 10. You may have a runny nose, sneezing and sore throat when you have a _____.
- 11. An explosive and sudden release of air through the mouth.

Answers: ACROSS 3. Prevention 4. Nose 6. Tissue 9. Headache 12. Mouth 13. Germs DOWN 1. Fever 2. Strain 5. Healthy 7. Sneeze 8. Wash 10. Cold 11. Cough